



May 15, 2009

## **James and Lemke are NCCC's Most Valuable Wrestlers**

SANBORN, NY — Justin James a former Brockport High School wrestler was named Most Valuable Wrestler at the NCCC athletic banquet along with co-captain Jared Lemke from section VI Alden. James who finished the season with a 38-5 record which included a New York State Collegiate Championship, the first champ NCCC ever had, James was ranked as high as 3rd in the country for most of the year in the 165 lb weight class. James leaves NCCC with 73 wins which ranks him third in all time wins. He also leaves the college with most take downs for the two years he wrestled (235). James plans on continuing his wrestling at a four year school, but at the present he is uncertain where he wants to attend.