



# NEWS

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## FULTON'S COACH MIKE CONNERS NAMED NWCA STATE COACH OF THE YEAR

The National Wrestling Coaches Association has named Fulton High School's veteran wrestling coach Mike Connors, the 2008 New York State Coach of the Year.

"The coaches and wrestlers receiving the NWCA State Scholastic Awards have shown the type of work ethic and commitment needed to achieve success on and off the mat. The NWCA applauds the efforts and the achievements of the honorees," said NWCA Executive Director Mike Moyer.

The National Wrestling Coaches Association, established in 1928, is a professional organization dedicated to serve and provide leadership for the advancement of all levels of the sport of wrestling with primary emphasis on scholastic and collegiate programs. The membership embraces all people interested in amateur wrestling. The NWCA, through its organizational structure, promotes communication, recognizes achievement, recommends rules and regulations, sponsors events, and serves as an educational and informational source. Additionally, the NWCA strives to foster the sportsmanship and integrity that are the cornerstones of athletic competition.

"Mike Connors is an outstanding coach. His record ranks among the very best in New York State," said Rich Romeo, NWCA NYS Representative and President of the NYS Wrestling Coaches Association. "His contributions to the sport and dedication to his student-athletes have enhanced our sport and improved the lives of the wrestlers he has coached over his twenty year career".

### COACH MIKE CONNERS CONTRIBUTIONS TO WRESTLING:

- 418-29-1 Career Varsity Dual Meet Record
- Ranked #1 in New York State '89, '90, '91, '92, '94, '95
- Conner's teams have been state ranked every year he coached
- Ranked among the state's Top 10 for 19 out of 21 years
- 17 Section III Dual Meet Championships
- 12 Section III Tournament Titles
- 19 Sectional Class Titles
- 19 OHSL League Titles
- 6 Undefeated Teams
- 33 Individual Sectional Titles
- 19 Individual State Place-Winners

Coach Connors was a New York State high School Champion for Baldwinsville High School and a NCAA Division III Champion for St' Lawrence University.

Information Provided by **Rich Romeo**, National Wrestling Coaches Association NYS Representative.