



SPORT SCHEDULES

ARCHERY

Westchester Community College, Valhalla

Thursday July 26, 2007

8:15am	Practice					
8:45am	90M	OM		11:00am	70M	OM
	70M	OW			60M	OW
	60M	SMW			50M	SMW

Friday, July 27, 2007

8:15am	Practice					
8:45am	50M	OMW		11:00am	30M	OSMW
	40M	SMW				
1:45Pm	Practice					
2:00Pm	Team Round with medal presentation immediately following.					

Saturday July 28, 2007

8:15am	Practice					
8:45am	90M	OM		11:00am	70M	OM
	70M	OW			60M	OW
	60M	SMW			50M	SMW
2:00pm	Masters Competition 900 Round MW Recurve and Compound Divisions					

Sunday, July 29, 2007

8:15am	Practice					
8:45am	50M	OMW		11:00am	30M	OSMW
	40M	SMW				
	Medal Presentation immediately following competition.					

Schedules were last updated on 7/5/2007.

They are not final and are subject to changes. Please refer back to our website for any changes www.empirestategames.org



SPORT SCHEDULES

ATHLETICS - Track & Field Mount Vernon High School

Thursday, July 26

1.	7:45am	10000M Run	SM	F
2.	8:15am	Pole Vault	SM	F
3.	8:15am	High Jump	SW	F
4.	8:15am	Javelin	SW	F
5.	8:15am	Shot Put	SM	F
6.	8:30am	Discus	OW	F
7.	8:30am	10000M Run	SW	F
8.	9:15am	100M Dash	OM	DEC
9.	9:25am	100M Dash	SM	DEC
10.	9:35am	110M High Hurdles	OM	S
11.	9:45am	110M High Hurdles	SM	S
12.	9:55am	100M High Hurdles	SW	S
13.	10:00am	100M High Hurdles	OW	S
14.	10:00am	Long Jump	OM	DEC
15.	10:10am	Shot Put	SM	DEC
16.	10:10am	200M Dash	SW	S
17.	10:20am	200M Dash	SM	S
18.	10:30am	200M Dash	OW	S
19.	10:40am	200M Dash	OM	S
20.	10:45am	Pole Vault	SW	F
21.	10:50am	800M Run	SW	S
22.	11:00am	800M Run	SM	S
23.	11:10am	800M Run	OW	S
24.	11:20am	800M Run	OM	S
25.	11:20am	Shot Put	OM	DEC
26.	11:30am	Long Jump	SM	DEC
27.	11:30am	400M Int. Hurdles	OM	S
28.	11:40am	400M Int. Hurdles	SM	S
29.	11:50am	400M Int. Hurdles	SW	S
30.	12:00pm	400M Int. Hurdles	OW	S
31.	12:00pm	Javelin	OM	F
32.	12:10pm	3000M Steeplechase	SM	F
33.	12:15pm	Hammer Throw	SM	F
34.	12:15pm	High Jump	OM	DEC
35.	12:30pm	High Jump	SM	DEC
36.	12:30pm	3000M Steeplechase	OM	F
37.	12:30pm	Long Jump	SM	F
38.	12:30pm	Shot Put	OM	F
39.	12:50pm	3000M Steeplechase	OW	F
40.	1:10pm	2000M Steeplechase	SW	F
41.	2:00pm	Triple Jump	SW	F
42.	2:00pm	Discus	SW	F
43.	2:15pm	400M Dash	OM	DEC
44.	2:30pm	400M Dash	SM	DEC
45.	3:30pm	Triple Jump	OM	F

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SPORT SCHEDULES

Athletics Track & Field Continued

Friday, July 27

46.	7:45am	10000M Run	OM	F
47.	8:15am	Discus	SM	F
48.	8:15am	Javelin	OW	F
49.	8:15am	Long Jump	SW	F
50.	8:30am	10000M Run	OW	F
51.	9:15am	100M High Hurdles	OW	HEP
52.	9:25am	100M High Hurdles	SW	HEP
53.	9:30am	110M High Hurdles	OM	DEC
54.	9:40am	400M Dash	SW	S
55.	9:50am	400M Dash	SM	S
56.	9:50am	High Jump	OW	HEP
57.	10:00am	High Jump	SW	HEP
58.	10:00am	Shot Put	SW	F
59.	10:00am	Discus	OM	DEC
60.	10:00am	400M Dash	OW	S
61.	10:10am	400M Dash	OM	S
62.	10:20am	100M Dash	SW	S
63.	10:30am	100M Dash	SM	S
64.	10:40am	100M Dash	OW	S
65.	10:50am	100M Dash	OM	S
66.	10:50am	Triple Jump	SM	F
67.	11:00am	110M High Hurdles	OM	F
68.	11:05am	110M High Hurdles	SM	F
69.	11:10am	110M High Hurdles	SM	DEC
70.	11:15am	Pole Vault	OM	DEC
71.	11:20am	100M High Hurdles	SW	F
72.	11:30am	100M High Hurdles	OW	F
73.	11:40am	200M Dash	SW	F
74.	11:45am	200M Dash	SM	F
75.	11:45am	Discus	SM	DEC
76.	11:50am	200M Dash	OW	F
77.	11:55am	200M Dash	OM	F
78.	12:00pm	Shot Put	OW	HEP
79.	12:10pm	Shot Put	SW	HEP
80.	12:15pm	High Jump	SM	F
81.	12:50pm	Pole Vault	SM	DEC
82.	1:00pm	200M Dash	OW	HEP
83.	1:10pm	200M Dash	SW	HEP
84.	1:15pm	Long Jump	OW	F
85.	1:30pm	Discus	OM	F
86.	2:15pm	Javelin	OM	DEC
87.	3:00pm	1500M Run	OM	DEC
88.	3:15pm	Javelin	SM	DEC
89.	4:00pm	1500M Run	SM	DEC

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SPORT SCHEDULES

Athletics Track & Field Continued

Saturday, July 28

90.	7:45am	5000M Run	SW	F
91.	8:00am	Pole Vault	OW	F
92.	8:00am	Long Jump	OW	HEP
93.	8:15am	5000M Run	SM	F
94.	8:30am	Long Jump	SW	HEP
95.	8:30am	Shot Put	OW	F
96.	8:45am	5000M Run	OW	F
97.	9:10am	Javelin	OW	HEP
98.	9:15am	5000M Run	OM	F
99.	9:15am	High Jump	OW	F
100.	9:30am	Long Jump	OM	F
101.	9:50am	800M Run	SW	F
102.	9:55am	800M Run	SM	F
103.	10:00am	800M Run	OW	F
104.	10:05am	800M Run	OM	F
105.	10:05am	Javelin	SW	HEP
106.	10:05am	Hammer Throw	OW	F
107.	10:15am	400M Dash	SW	F
108.	10:20am	400M Dash	SM	F
109.	10:25am	400M Dash	OW	F
110.	10:30am	400M Dash	OM	F
111.	10:35am	100M Dash	SW	F
112.	10:40am	100M Dash	SM	F
113.	10:45am	100M Dash	OW	F
114.	10:50am	100M Dash	OM	F
115.	11:00am	Javelin	SM	F
116.	11:00am	Pole Vault	OM	F
117.	11:00am	800M Run	OW	HEP
118.	11:15am	Triple Jump	OW	F
119.	11:15am	400M Int. Hurdles	OM	F
120.	11:20am	400M Int. Hurdles	SM	F
121.	11:30am	400M Int. Hurdles	SW	F
122.	11:35am	400M Int. Hurdles	OW	F
123.	11:45am	800M Run	SW	HEP
124.	11:45am	High Jump	OM	F
125.	11:55am	4x100M Relay	SW	F
126.	12:05pm	4x100M Relay	SM	F
127.	12:15pm	4x100M Relay	OW	F
128.	12:15pm	Hammer Throw	OM	F
129.	12:25pm	4x100M Relay	OM	F
130.	12:30pm	1500M Run	SW	F
131.	12:40pm	1500M Run	SM	F
132.	12:50pm	1500M Run	OW	F
133.	1:00pm	1500M Run	OM	F
137.	1:10pm	4x400M Relay	SW	F
135.	1:20pm	4x400M Relay	SM	F
136.	1:30pm	4x400M Relay	OW	F
137.	1:40pm	4x400M Relay	OM	F

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SPORT SCHEDULES

ATHLETICS - ROAD EVENTS

SUNY Purchase

Thursday, July 26

8:00am	10K Racewalk	OW, Masters Women
9:30am	10K Racewalk	OM, Masters Men

Friday, July 27

8:00am	5K Racewalk	OW, Masters Women
8:45am	5K Racewalk	OM, Masters Men
9:30am	5K Racewalk	SMW

Saturday, July 28

7:00am	20K Racewalk	OMW, Masters Men & Women
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Sunday, July 29

8:00am	10K Run	OMW, Masters Men & Women Wheelchair
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MASTERS TRACK & FIELD

Byram Hills High School, Armonk, NY

Notes: If no age group is indicated, all groups will compete at that time.

Relays to be formed and to clerk at least 2hrs before race.

S=Semi-Finals F=Finals

Friday, July 27

1.	8:00am	10,000M Run*	M	F	On Time
2.	8:00am	10,000M Run*	W	F	On Time
3.	9:00am	Long Jump**	M	Pent.	
4.	9:30am	Discus	M/W	F	
5.	9:30am	High Jump	M/W	F	
6.	9:30am	Shot Put	M	F	
7.	10:00am	Long Jump	M/W	F	
8.	10:00am	Javelin**	M	Pent.	
9.		300/400 I. Hurdles	M	F	On Time
10.		300/400 I. Hurdles	W	F	On Time
11.		100M Dash	W	S	
12.		100M Dash	M	S	
13.		800M Run	W	F	
14.		100M Dash	W	F	
15.		100M Dash	M	F	
16.		200M Dash**	M	Pent.	
17.		800M Run	M	F	
18.		Discus**	M	Pent.	
19.		1500 M**	M	Pent.	
20.		4x800M Relay	M	F	On Time
21.		4x800M Relay	W	F	On Time
22.		3K/2K Steeplechase	M/W	F	On Time

*10,000m Run will start at 8:00am promptly.

**Pentathlon Events Approximate Time and Placement.

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SPORT SCHEDULES

Masters Track & Field Continued

Saturday, July 28

23.	8:00am	5,000M Run*	M	F	On Time
24.	8:00am	5,000M Run*	W	F	On Time
25.	9:30am	Javelin	M/W	F	
26.	9:30am	100M H.Hurdles**	W	Pent.	
27.	9:30am	Pole Vault	M/W	F	
28.	9:30am	Hammer	M/W	F	
29.	9:30am	Shot Put	W	F	
30.	9:30am	Triple Jump	M/W	F	
31.	10:00am	High Jump**	W	Pent.	
32.	10:30am	400M Dash 45-80	W	F	On Time
33.		400M Dash 45-80	M	F	On Time
34.		400M Dash 30-44	W	F	On Time
35.		400M Dash 30-44	M	F	On Time
36.		80/100 H. Hurdles	W	S	
37.		80/100 H. Hurdles	M	S	
38.		200M Dash	W	S	
39.		200M Dash	M	S	
40.		Shot Put**	W	Pent.	
41.		1500M Run	W	F	On Time
42.		1500M Run	M	F	On Time
43.		80/100 H. Hurdles	W	F	
44.		80/100 H. Hurdles	M	F	
45.		Long Jump**	W	Pent.	
46.		200M Dash	W	F	
47.		200M Dash	M	F	
48.		800M Run**	W	Pent.	On Time
49.		4x100M Relay	W	F	On Time
50.		4x100M Relay	M	F	On Time
51.		4x400M Relay	W	F	On Time
52.		4x400M Relay	M	F	On Time

*5,000M Runs will start at 8:00am promptly.

**Pentathlon Events Approximate Time and Placement

BASEBALL

Thursday, July 26

PACE University				Manhattanville College			
8:00am	WN	vs.	AD	8:00am	HV	vs.	LI
11:00am	CN	vs.	WN	11:00am	NY	vs.	HV
2:00pm	AD	vs.	CN	2:00pm	LI	vs.	NY

Friday, July 27

8:00am	WN	vs.	NY	8:00am	LI	vs.	CN
11:00am	NY	vs.	AD	11:00am	CN	vs.	HV
2:00pm	AD	vs.	LI	2:00pm	HV	vs.	WN

Saturday, July 28

8:00am	HV	vs.	AD	8:00am	NY	vs.	CN
				11:00am	LI	vs.	WN
4:00pm	Bronze Medal Game			5:00pm	Gold Medal Game		

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SPORT SCHEDULES

BASKETBALL – MEN

Iona College, New Rochelle

Thursday, July 26

10:00am	CN	vs.	HV	SM	4:00pm	CN	vs.	HV	OM
12:00pm	AD	vs.	LI	SM	6:00pm	AD	vs.	LI	OM
2:00pm	WN	vs.	NY	SM	8:00pm	WN	vs.	NY	OM

Friday, July 27

10:00am	NY	vs.	AD	SM	4:00pm	LI	vs.	CN	OM
12:00pm	NY	vs.	AD	OM	6:00pm	HV	vs.	WN	SM
2:00pm	LI	vs.	CN	SM	8:00pm	HV	vs.	WN	OM

Saturday, July 28

10:00am	CN	vs.	WN	SM	4:00pm	NY	vs.	LI	OM
12:00pm	CN	vs.	WN	OM	6:00pm	AD	vs.	HV	SM
2:00pm	NY	vs.	LI	SM	8:00pm	AD	vs.	HV	OM

Sunday, July 29

8:00am	Bronze			SM	8:00am	Bronze			OM
10:00am	Gold			OM					
12:00pm	Gold			SM					

BASKETBALL – WOMEN

Westchester Community College, Valhalla

Thursday, July 26

10:00am	WN	vs.	NY	SW	4:00pm	WN	vs.	NY	OW
12:00pm	LI	vs.	HV	SW	6:00pm	LI	vs.	HV	OW
2:00pm	AD	vs.	CN	SW	8:00pm	AD	vs.	CN	OW

Friday, July 27

10:00am	HV	vs.	WN	SW	4:00pm	HV	vs.	WN	OW
12:00pm	LI	vs.	AD	SW	6:00pm	LI	vs.	AD	OW
2:00pm	NY	vs.	CN	SW	8:00pm	NY	vs.	CN	OW

Saturday, July 28

10:00am	NY	vs.	AD	SW	4:00pm	NY	vs.	AD	OW
12:00pm	WN	vs.	LI	SW	6:00pm	WN	vs.	LI	OW
2:00pm	CN	vs.	HV	SW	8:00pm	CN	vs.	HV	OW

Sunday, July 29

8:00am	Bronze			SW		8:00am	Bronze		OW
10:00am	Gold			SW		Kensico School, Valhalla			
12:00pm	Gold			OW					

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SPORT SCHEDULES

BOWLING

AMF White Plains Lanes

Thursday, July 26

9:00am Coordinators Meeting
 10:00am Participants Meeting (All bowlers & Coordinators)
 11:00am Opening Ceremonies
 11:45am Practice (on singles competition lanes)
 12:00pm Singles Competition (Open / Masters Divisions)
 Trios Competition (Open / Masters Divisions)
Will start approx. 15 minutes after singles competition has concluded.

Friday, July 27

9:00am Team Check In
 9:15am Mixed Doubles Competition (Open / Masters Div.)
 Team Competition (Open / Masters Division)
Will start approx. 15 minutes after mixed dbls. competition has concluded.
 3:30pm Medal Presentation: Open / Masters Singles, Trios, Mixed Doubles, Teams, and Masters All-Events

Saturday, July 28

9:00am All – Events Check In (Open Division)
 9:30am All – Events Competition (Open Division)
 12:00pm All – Events Medal Presentations (Open Division)

BOXING

Delfino Park Ice Rink, White Plains

Thursday, July 26

7:00pm
 Quarter-Finals

Friday, July 27

7:00pm
 Semi-Finals

Saturday, July 28

1:00pm if needed
 7:00pm - Finals

CANOE / KAYAK

Glen Island Park, New Rochelle

Thursday July 26

500M Heats

9:00am	K-1	M
9:15am	C-1	
9:30am	K-1	W
9:45am	K-1	M
10:00am	C-1	
10:15am	K-1	W
10:45am	K-2	M
11:00am	C-2	
11:15am	K-2	W
11:30am	K-2	M
11:45am	C-2	
12:00pm	K-2	W

Friday July 27

200M Heats

11:30am	K-1	W
11:45am	C-1	
12:00pm	K-1	M
12:15pm	K-1	W
12:30pm	C-1	
12:45pm	K-1	M
1:15pm	K-2	W
1:30pm	C-2	
1:45pm	K-2	M
2:00pm	K-2	W
2:15pm	C-2	
2:30pm	K-2	M
3:00pm	K-4 500m	W

Saturday July 28

Finals

11:30am	K-1	500M	M
11:45am	C-1	500M	
12:00pm	K-1	500M	W
12:15pm	K-2	500M	M
12:30pm	C-2	500M	
12:45pm	K-2	500M	W
1:15pm	K-1	200M	M
1:30pm	C-1	200M	
1:45pm	K-1	200M	W
2:00pm	K-2	200M	M
2:15pm	C-2	200M	
2:30pm	K-2	200M	W
3:00pm	K-4	500M	M

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SPORT SCHEDULES

MARATHON CANOE - MASTERS

Wallkill River Boat Launch on Plains Road, New Paltz
Saturday, July 28, 2007 - 9:00am - 10:30am Check In, 11:00am Start

CYCLING

Thursday, July 26 - 10 Mile Individual Time Trial

Muscoot County Park, Somers

10:00am OMW 11:20am Masters MW

Friday, July 27 - Road Race

North Salem High School

9:30am	Open Men	70 Miles
	Open Women	46 Miles
	Masters Men 35 - 44	46 Miles
	Masters Men 45 - 54	46 Miles
	Masters Men 55 - 64, 65+	24 Miles
	Masters Women 35 - 44, 45 - 54, 55+	24 Miles

Saturday, July 28 - Criterium

Martine Avenue & Court Street, White Plains

7:00am	Masters Men 45 - 54	12 Miles
	Masters Men 35 - 44	18 Miles
	Open Men	25 Miles
	Open Women	18 Miles
	Masters Men 55 - 64, 65+	10 Miles
	Masters Women 35 - 44, 45 - 54, 55+	10 Miles

Sunday, July 29 - Team Time Trial

Westchester County Center, White Plains

9:00am	Open Men	40 Miles
	Open Women	24 Miles

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SPORT SCHEDULES

DIVING SUNY Purchase

Thursday, July 26

6:30 - 8:30am	Warm-up		
5:30 - 6:25pm	Warm-up		
6:30 - 7:15pm	Voluntary Dives	SW	1m
7:15 - 7:25pm	Warm-up		
7:25 - 8:10pm	Voluntary Dives	SM	3m
8:10 - 8:20pm	Warm-up		
8:20 - 9:05pm	Voluntary Dives	OW	1m
9:05 - 9:15pm	Warm-up		
9:15 - 10:00pm	Voluntary Dives	OM	3m

Friday, July 27

6:30 - 8:30am	Warm-up		
5:00 - 6:10pm	Warm-up		
6:15 - 7:00pm	Voluntary Dives	SM	1m
7:00 - 7:15pm	Warm-up		
7:15 - 8:00pm	Voluntary Dives	SW	3m
8:00 - 8:15pm	Warm-up		
8:15 - 9:00pm	Voluntary Dives	OW	3m
9:00 - 9:15pm	Warm-up		
9:15 - 10:00pm	Voluntary Dives	OM	1m

Saturday, July 28

8:00 - 10:30am	Warm-up		
10:30 - 11:45am	Finals – Optional Dives	SW	1m
11:45 - 12:00pm	Warm-up		
12:00 - 1:15pm	Finals – Optional Dives	SM	3m
1:15 - 1:30pm	Warm-up		
1:30 - 2:45pm	Finals – Optional Dives	OW	1m
2:45 - 3:00pm	Warm-up		
3:00 - 4:15pm	Finals – Optional Dives	OM	3m
4:15 - 4:30pm	Warm-up		
5:15 - 6:30pm	Warm-up		
6:30 - 7:15pm	Masters Division		
7:15 - 7:30pm	Masters Synchronized Warm-up		
7:30 - 8:15pm	Masters Division Synchronized Diving		
8:15 - 8:45pm	Synchronized Diving Warm-up		
8:45 - 10:15pm	Synchronized Diving		

Sunday, July 29

7:30 - 8:30am	Warm-up		
8:30 - 9:45am	Finals – Optional Dives	SM	1m
9:45 - 10:00am	Warm-up		
10:00 - 11:15am	Finals – Optional Dives	SW	3m
11:15 - 11:30am	Warm-up		
11:30 - 12:45pm	Finals – Optional Dives	OM	1m
12:45 - 1:00pm	Warm-up		
1:00 - 2:00pm	Finals – Optional Dives	OW	3m

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SPORT SCHEDULES

FENCING

Manhattanville College, Purchase

Thursday, July 26

8:00am	Check-In	SMW
8:30am	Preliminary Pool Rounds	SMW
12:00pm	Direct Elimination Rounds	SMW
2:30pm	Awards	SMW

Friday, July 27

8:00am	Check-In	OMW
8:30am	Preliminary Pool Rounds	OMW
12:00pm	Direct Elimination Rounds	OMW
2:30pm	Awards	OMW

Saturday, July 28 - Masters Events

8:00am	Check - In FOIL	Masters MW
8:30am	Pool Rounds FOIL	Masters MW
11:00am	Check - In EPEE	Masters MW
11:30am	Pool Rounds EPEE	Masters MW
11:30am	Awards FOIL	Masters MW
2:00pm	Check - In SABRE	Masters MW
2:30pm	Pool Rounds SABRE	Masters MW
2:30pm	Awards EPEE	Masters MW
4:00pm	Awards SABRE	Masters MW

FIELD HOCKEY

Rye Country Day School Small Field

Thursday, July 26

8:00am	CN	vs.	LI
10:00am	WN	vs.	AD
5:00pm	HV	vs.	LI

Friday, July 27

8:00am	WN	vs.	LI
10:00am	AD	vs.	CN
5:00pm	HV	vs.	WN
7:00pm	LI	vs.	AD

Saturday, July 28

8:00am	CN	vs.	LI
10:00am	AD	vs.	HV
5:00pm	WN	vs.	CN

Sunday, July 29

8:00am	Bronze Medal Game
10:00am	Gold Medal Game

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SPORT SCHEDULES

MASTERS GOLF

Hudson Hills Golf Course, Ossining
Friday, July 27 - 10:00am

GYMNASTICS

Westchester County Center, White Plains

Thursday, July 26

8:00am	Practice	
11:00am	Warm - up	SW
1:00pm	Competition	SW
5:00pm	Warm - up	OM
7:00pm	Competition	OM

Friday, July 27

8:15am	Warm - up	SM
10:30am	Competition	SM
1:30pm	Warm - up	Masters
2:30pm	Competition	Masters
5:00pm	Warm - up	OW
7:00pm	Competition	OW

Saturday, July 28

11:00am	Warm - up	SMW
1:00pm	Finals	SMW
5:00pm	Warm - up	SMW
7:00pm	Finals	SMW

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SPORT SCHEDULES

ICE HOCKEY - MEN

The Ice Hutch, Mount Vernon

Thursday, July 26

9:00am	Officials Practice	11:45am	Western Practice
10:00am	Long Island Practice	12:30pm	New York City Practice
10:30am	Hudson Valley Practice	1:00pm	Central Practice
11:15am	Adirondack Practice		

Competition

2:00pm	LI	vs.	HV	(warm up 1:30pm)
4:30pm	AD	vs.	WN	
7:00pm	NY	vs.	CN	

Friday, July 27

11:00am	HV	vs.	AD	(warm up 10:30am)
1:30pm	WN	vs.	CN	
4:00pm	LI	vs.	NY	

Saturday, July 28

7:00am	CN	vs.	HV	(warm up 6:50am)	3:30pm	CN	vs.	AD
9:30am	AD	vs.	LI		6:00pm	HV	vs.	NY
12:00pm	NY	vs.	WN		8:30pm	WN	vs.	LI

Sunday, July 29

7:00am	AD	vs.	NY	(warm up 6:50am)
9:30am	CN	vs.	LI	
12:00pm	WN	vs.	HV	

ICE HOCKEY - WOMEN

Playland Ice Casino, Rye

Thursday, July 26

8:30am	Meeting: Admin, Referees & Coaches		
10:00am	Adirondack Practice	11:45am	Long Island Practice
10:30am	Western Practice	12:30pm	New York Practice
11:15am	Hudson Valley Practice	1:00pm	Central Practice

Competition

2:00pm	AD	vs.	WN
3:45pm	HV	vs.	LI
5:30pm	NY	vs.	CN

Friday, July 27

10:00am	WN	vs.	HV
11:45am	LI	vs.	CN
1:30pm	AD	vs.	NY

Saturday, July 28

8:00am	CN	vs.	WN	2:00pm	CN	vs.	HV
9:45am	HV	vs.	AD	3:45pm	LI	vs.	AD
11:30am	NY	vs.	LI	5:30pm	WN	vs.	NY

Sunday, July 29

8:00am	HV	vs.	NY
9:45am	CN	vs.	AD
11:30am	LI	vs.	WN

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SPORT SCHEDULES

JUDO

Byram Hills High School, Armonk

Thursday, July 26

9:00am - 10:30am	Central & Western <i>Practice</i>
10:45am - 12:15pm	Adirondack & Hudson Valley <i>Practice</i>
12:30pm - 2:00pm	New York & Long Island <i>Practice</i>
3:30pm	Coaches Meeting
4:00pm - 7:00pm	State Meeting
5:30pm - 6:30pm	Weigh - ins (at venue) Men - 60kg, 66kg, 73kg, Open Women - 48kg, 52kg, 57kg, Open

Friday, July 27

9:00am - 10:00am	Referees' Meeting
10:00am - 1:00pm	Competition OM - 60kg, 66kg, 73kg, Open OW - 48kg, 52kg, 57kg, Open
1:30pm - 4:00pm	Competition OM - 60kg, 66kg, 73kg, Open OW - 48kg, 52kg, 57kg, Open
5:30pm - 6:30pm	Weigh - ins (at venue) Men - 81kg, 90kg, 100kg, over 100kg Women - 63kg, 70kg, 78kg, over 78kg

Saturday, July 28

9:00am - 10:00am	Referees' Meeting
10:00am - 1:00pm	Competition OM - 81kg, 90kg, 100kg, over 100kg OW - 63kg, 70kg, 78kg, over 78kg
1:30pm - 4:00pm	Competition OM - 81kg, 90kg, 100kg, over 100kg OW - 63kg, 70kg, 78kg, over 78kg

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SPORT SCHEDULES

LACROSSE - MEN

Iona College Main Field, New Rochelle

Thursday, July 26

3:00pm CN vs. HV
5:00pm NY vs. LI
7:00pm AD vs. WN

Friday, July 27

9:00am CN vs. NY
11:00am AD vs. HV
1:00pm LI vs. WN
3:00pm NY vs. HV
5:00pm CN vs. WN
7:00pm AD vs. LI

Saturday, July 28

3:00pm HV vs. WN
5:00pm NY vs. AD
7:00pm CN vs. LI

Sunday, July 29

8:00am NY vs. WN
10:00am CN vs. AD
12:00pm HV vs. LI

LACROSSE - WOMEN

Rye Country Day School Large Field

Thursday, July 26

9:00am CN vs. NY
10:30am HV vs. LI
12:00pm WN vs. AD
1:30pm NY vs. LI
3:00pm AD vs. HV
4:30pm CN vs. WN

Friday, July 27

9:00am WN vs. LI
10:30am NY vs. HV
12:00pm AD vs. CN
1:30pm HV vs. WN
3:00pm LI vs. CN
4:30pm NY vs. AD

Saturday, July 28

10:00am CN vs. HV
11:30am WN vs. NY
1:00pm LI vs. AD

Sunday, July 29

9:00am Consolation Game
10:30am Bronze Medal Game
12:00pm Gold Medal Game

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SPORT SCHEDULES

ROWING

Glen Island Park, New Rochelle

All races are 6 boat finals

Friday, July 27

9:15am	Junior Double	OW
9:30am	Junior Four	OM
9:45am	Junior Four	OW
10:00am	Junior Double	OM
10:15am	Open Double	OW
10:30am	Open Four	OM
10:45am	Open Four	OW
11:00am	Open Double	OM

Saturday, July 28

10:00am	Quad	OW
10:20am	Eight	OM
10:40am	Eight	OW
11:00am	Quad	OM

MASTERS RUGBY

Tibbetts Brook Park, Yonkers

Friday, July 27

MEN'S GAMES

9:00am	LI	vs.	NY	1:00pm	LI	vs.	AD
9:20am	WN	vs.	HV	1:20pm	CN	vs.	WN
9:40am	CN	vs.	AD	1:40pm	HV	vs.	NY
11:00am	WN	vs.	AD	3:00pm	WN	vs.	NY
11:20am	LI	vs.	HV	3:20pm	CN	vs.	LI
11:40am	CN	vs.	NY	3:40pm	HV	vs.	AD

WOMEN'S GAMES

10:00am	CN	vs.	NY	2:00pm	CN	vs.	HV
10:20am	AD	vs.	LI	2:20pm	WN	vs.	AD
10:40am	WN	vs.	HV	2:40pm	LI	vs.	NY
12:00pm	AD	vs.	HV	4:00pm	AD	vs.	NY
12:20pm	CN	vs.	LI	4:20pm	WN	vs.	CN
12:40pm	WN	vs.	NY	4:40pm	LI	vs.	HV

Saturday, July 28

Women's Games

10:00am	CN	vs.	AD
10:30am	WN	vs.	HV
11:00am	LI	vs.	NY

Men's Games

11:30am	LI	vs.	WN
12:00pm	CN	vs.	AD
12:30pm	HV	vs.	NY

FINALS

1:00pm	Women Bronze	2:00pm	Women Gold
1:30pm	Men Bronze	2:30pm	Men Gold

3:15pm Awards

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SPORT SCHEDULES

SAILING

Shattemuc Yacht Club, Ossining

Thursday, July 26

8:00am - 10:00am	Registration
11:00am	Opening Ceremonies Skippers Meeting
1:00pm	Races 1, 2, 3

Friday, July 27

10:00am	Races 4, 5, 6, 7, 8
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Saturday, July 28

10:00am	Races 9, 10, 11
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2:00pm	Awards
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NOTE: Times are approximate and are dependant on weather

SHOOTING

Blue Mountain Sportsman's Club, Cortlandt (BMSC)

The Armory, Peekskill

Thursday, July 26

RIMFIRE PISTOL EVENTS - BMSC

8:30am - 9:00am	Free Pistol Inspection	OMW
9:00am - 11:30am	Free Pistol Match 1	OMW
11:00am - 12:00pm	Rapid Fire Pistol Inspection	OMW
11:30am - 12:15pm	Standard Pistol Inspection	OW
12:30pm - 3:00pm	Standard Pistol Match 1	OW
12:30pm - 4:30pm	Rapid Fire Pistol Match 1	OMW

SMALLBORE RIFLE EVENTS - BMSC

8:00am - 8:30am	3-Position Rifle Inspection	OMW
8:30am - 10:45am	3-Position Rifle Match 1	OMW
10:30am - 11:00am	Free Rifle Prone Inspection	OMW
11:00am - 12:30pm	Free Rifle Prone Match 1	OMW
12:15pm - 12:45pm	Free Rifle Prone Inspection	SMW
12:45pm - 2:15pm	Free Rifle Prone Match 1	SMW
2:00pm - 2:30pm	3-Position Rifle Inspection	SMW
2:30pm - 4:45pm	3-Position Rifle Match 1	SMW

AIR RIFLE EVENTS - The Armory

9:00am - 12:00pm	Individual Match & Finals	SMW
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Shooting Continued on the next page

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SPORT SCHEDULES

Shooting Continued

Friday, July 27

	AIR PISTOL EVENTS - The Armory	
8:30am - 9:00am	Inspection	OM
9:00am - 11:00am	Individual Match	OM
11:00am - 11:30am	Inspection	OW
11:30am - 1:30pm	Individual Match	OW
2:00pm - 3:00pm	Match Finals	OM
3:30pm - 4:30pm	Match Finals	OW

	SMALLBORE RIFLE EVENTS - BMSC	
8:00am - 10:15am	3-Position Rifle Match 2	OMW
10:30am - 12:00pm	Free Rifle Prone Match 2	OMW
12:15pm - 1:15pm	3-Position Rifle Match Finals	OMW
1:30pm - 2:30pm	Free Rifle Prone Match Finals	OMW

	SKEET & TRAP EVENTS - BMSC	
10:00am	1st 100 Targets	OSMW

Saturday, July 28

	RIMFIRE PISTOL EVENTS - BMSC	
8:30am - 10:30am	Free Pistol Match 2	OMW
11:00am - 12:00pm	Free Pistol Match Finals	OMW
12:30pm - 2:30pm	Standard Pistol Match 2	OW
3:00pm - 4:00pm	Standard Pistol Match Finals	OW
12:30pm - 4:30pm	Rapid Fire Pistol Match 2	OMW
5:00pm - 6:00pm	Rapid Fire Pistol Match Finals	OMW

	SMALLBORE RIFLE EVENTS - BMSC	
8:00am - 10:15am	3-Position Rifle Match 2	SMW
10:30am - 12:00pm	Free Rifle Prone Match 2	SMW
12:30pm - 1:30pm	3-Position Rifle Match Finals	SMW
1:45pm - 2:45pm	Free Rifle Prone Match Finals	SMW

	AIR RIFLE EVENTS - The Armory	
9:00am - 12:00pm	Individual Match & Finals	OMW

	SKEET & TRAP EVENTS - BMSC	
9:00am	2nd 100 Targets	OSMW

Awards Ceremony for all competitors 7:00pm - 9:00pm

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SPORT SCHEDULES

SOCCER - MEN

Thursday, July 26

Rye Brook Athletic Fields-OM

Blind Brook High School-SM

9:00am WN vs. NY
 1:00pm AD vs. LI
 4:00pm HV vs. CN

CN vs. WN
 HV vs. NY
 AD vs. LI

Friday, July 27

9:00am AD vs. HV
 1:00pm CN vs. NY
 4:00pm WN vs. LI

HV vs. AD
 LI vs. WN
 CN vs. NY

Saturday, July 28

9:00am CN vs. LI
 1:00pm HV vs. NY
 4:00pm AD vs. WN

LI vs. NY
 AD vs. WN
 HV vs. CN

Sunday, July 29

8:30am Bronze
 11:00am Gold

Bronze
 Gold

SOCCER - WOMEN

Manhattanville College

Note: All games will be played on Turf Field unless otherwise indicated.

Thursday, July 26

8:30am HV vs. NY SW
 11:00am WN vs. AD SW
 2:30pm HV vs. NY OW
 5:00pm CN vs. LI SW *To be played on Grass Field*
 5:00pm WN vs. AD OW
 8:00pm CN vs. LI OW

Friday, July 27

8:30am LI vs. AD SW
 11:00am NY vs. CN SW
 2:30pm LI vs. AD OW
 5:00pm HV vs. WN SW *To be played on Grass Field*
 5:00pm NY vs. CN OW
 8:00pm HV vs. WN OW

Saturday, July 28

8:30am CN vs. HV SW
 11:00am LI vs. WN SW
 2:00pm AD vs. NY SW *To be played on Grass Field*
 2:00pm CN vs. HV OW
 4:30pm LI vs. WN OW
 7:00pm AD vs. NY OW

Sunday, July 29

	<i>Turf Field - OW</i>		<i>Grass Field - SW</i>
8:30am	Bronze Medal Game		Bronze Medal Game
11:00am	Gold Medal Game		Gold Medal Game

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SPORT SCHEDULES

SOFTBALL

Delfino Park, White Plains

Thursday, July 26

	<i>Field 1</i>			<i>Field 2</i>		
9:00am	NY	vs.	WN	HV	vs.	LI
11:30am	CN	vs.	AD	LI	vs.	WN
2:00pm	HV	vs.	CN	AD	vs.	NY

Friday, July 27

9:00am	LI	vs.	CN	WN	vs.	AD
11:30am	NY	vs.	HV	WN	vs.	CN
2:00pm	AD	vs.	HV	NY	vs.	LI

Saturday, July 28

8:00am	WN	vs.	HV	CN	vs.	NY
10:00am	LI	vs.	AD			
12:00pm				Tie-Breaker if needed		
1:00pm	Bronze			Tie-Breaker if needed		
3:00pm	Gold					

If Tie-Breakers are needed then Bronze Medal Game will be at 3:00pm and Gold Medal Game will be at 5:00pm

SWIMMING

Scarsdale Municipal Pool

Thursday, July 26

<i>Preliminaries (events 1 - 20)</i>	
9:00am	Warm - up
10:00am	100M Breaststroke
10:20am	200M Freestyle
10:45am	100M Butterfly
11:00am	200M Individual Medley
11:30am	Warm - up
11:50am	800M Freestyle

<i>Championship Finals (events 1 - 24)</i>	
4:00pm	Warm - up
4:30pm	800M Freestyle
5:20pm	Warm - up
5:55pm	100M Breaststroke
6:15pm	200M Freestyle
6:42pm	100M Butterfly
7:02pm	200M Individual Medley
7:36pm	800M Freestyle Relay

Friday, July 27

<i>Preliminaries (events 25 - 44)</i>	
9:00am	Warm - up
10:00am	50M Freestyle
10:10am	400M Individual Medley
11:15am	200M Breaststroke
11:40am	100M Backstroke
12:00pm	400M Freestyle

<i>Championship Finals (events 25 - 48)</i>	
4:00pm	Warm - up
5:00pm	50M Freestyle
5:20pm	400M Individual Medley
5:55pm	200M Breaststroke
6:20pm	100M Backstroke
6:30pm	400M Freestyle
7:10pm	400M Medley Relay

Saturday, July 28

<i>Preliminaries (events 49 - 64)</i>	
9:00am	Warm - up
10:00am	200M Backstroke
10:30am	100M Freestyle
10:45am	200M Butterfly
11:10am	Warm - up
11:30am	1500M Freestyle

<i>Championship Finals (events 49 - 64)</i>	
3:45pm	Warm - up
4:10pm	1500M Freestyle
5:45pm	Warm - up
6:25pm	200M Backstroke
6:45pm	100M Freestyle
7:00pm	200M Butterfly
7:30pm	400M Freestyle Relay

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SPORT SCHEDULES

MASTERS SWIMMING

PACE University, Pleasantville

Friday, July 27

5:15pm - 5:55pm

6:00pm

Warm-up

1. 1650 Freestyle

Saturday, July 28

9:15am - 9:55am

10:00am

Warm-up

2. 1000 Freestyle
- Warm-up (30 Min.)
3. 200 Indiv. Medley
4. 50 Breaststroke
5. 200 Backstroke
6. 50 Freestyle
- Warm-up (15 Min.)
7. 100 Breaststroke
8. 100 Butterfly
9. 200 Freestyle

Sunday, July 29

8:15am - 8:55am

9:00am

Warm-up

10. 400 Individual Medley
- Warm-up (30 Min.)
11. 100 Freestyle
12. 50 Backstroke
13. 200 Butterfly
14. 200 Breaststroke
- Warm-up (15 Min.)
15. 50 Butterfly
16. 100 Backstroke
17. 100 Individual Medley
18. 500 Freestyle

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SPORT SCHEDULES

SYNCHRONIZED SWIMMING

Iona College, New Rochelle

Thursday, July 26

9:00am Figure Warm - up NY AD LI
 10:30am Figure Warm - up CN HV WN
 1:30pm General Warm - up - Laps Only
 2:15pm Figure Competition

Friday, July 27

7:00am Practice WN CN
 9:00am Practice AD NY
 11:00am Practice LI HV
 2:00pm Duet Competition
 4:30pm Solo Competition

Saturday, July 28

8:00am Practice CN HV
 10:00am Practice NY WN
 12:00pm Practice AD LI
 3:00pm Trio Competition

Sunday, July 29

8:00am Practice LI AD NY
 9:00am Practice CN WN HV
 11:00am Team Competition

TENNIS

Arthur F. Veteran Park, Greenburgh

Thursday, July 26

8:00am SM	10:00am SW	2:00pm SM	4:00pm SW
WN vs. LI	WN vs. LI	HV vs. LI	HV vs. LI
NY vs. HV	NY vs. HV	AD vs. NY	AD vs. NY
AD vs. CN	AD vs. CN	CN vs. WN	CN vs. WN

Friday, July 27

8:00am SW	10:00am SM	2:00pm SW	4:00pm SM
AD vs. HV	AD vs. HV	CN vs. NY	CN vs. NY
LI vs. CN	LI vs. CN	WN vs. HV	WN vs. HV
WN vs. NY	WN vs. NY	AD vs. LI	AD vs. LI

Saturday, July 28

8:00am SM	10:00am SW	2:00pm	4:00pm
AD vs. WN	AD vs. WN	Rain	Rain
LI vs. NY	LI vs. NY	Rescheduling /	Rescheduling /
HV vs. CN	HV vs. CN	Medal Round	Medal Round

Sunday, July 29

8:00am Medal Round
 10:00am Medal Round

Awards Ceremony

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SPORT SCHEDULES

VOLLEYBALL

Pace University, Pleasantville

All Games to be played in the Health & Fitness Center Gym unless otherwise noted.

Thursday, July 26

<u>COURT 2 OM</u>				<i>Work</i> <i>Court 2 OM</i>	<u>COURT 1 OW</u> <i>Wilcox Gym</i>				<i>Work</i> <i>Court 1 OW</i>
9:00am	WN	vs.	AD	HV	LI	vs.	NY	WN	
10:30am	HV	vs.	CN	NY	WN	vs.	AD	HV	
12:00pm	LI	vs.	NY	CN	CN	vs.	HV	AD	
1:30pm	WN	vs.	CN	LI	LI	vs.	AD	CN	
3:00pm	AD	vs.	LI	WN	NY	vs.	CN	LI	
4:30pm	HV	vs.	WN	AD	WN	vs.	LI	NY	
6:00pm	NY	vs.	AD	HV	HV	vs.	NY	WN	
7:30pm	CN	vs.	LI	NY	AD	vs.	CN	HV	
<u>COURT 3 SM</u>				<i>Work Court 3</i>	<u>COURT 4 SW</u>				<i>Work Court 4</i>
9:00am					NY	vs.	WN	SW HV	
10:30am	AD	vs.	LI	SM CN	LI	vs.	HV	SM CN	
12:00pm	CN	vs.	NY	SM WN	AD	vs.	CN	SM NY	
1:30pm	AD	vs.	WN	SW AD	NY	vs.	HV	SW AD	
3:00pm	CN	vs.	LI	SW NY	WN	vs.	AD	SW NY	
4:30pm	NY	vs.	WN	SM LI	LI	vs.	NY	SM LI	
6:00pm					CN	vs.	WN	SM NY	
7:30pm					HV	vs.	AD	SW CN	

Friday, July 27

<u>COURT 1 OM</u> <i>Wilcox Gym</i>				<i>Work</i> <i>Court 1 OM</i>	<u>COURT 2 OW</u>				<i>Work</i> <i>Court 2 OW</i>
9:30am	NY	vs.	HV	CN	WN	vs.	HV	NY	
11:00am	AD	vs.	CN	LI	AD	vs.	NY	WN	
12:30pm	WN	vs.	LI	NY	CN	vs.	LI	AD	
2:00pm	CN	vs.	NY	AD	AD	vs.	HV	CN	
3:30pm	AD	vs.	HV	CN	NY	vs.	WN	HV	
5:00pm	NY	vs.	WN	HV	HV	vs.	LI	NY	
6:30pm	LI	vs.	HV	WN	CN	vs.	WN	LI	
<u>COURT 3 SM</u>				<i>Work Court 3</i>	<u>COURT 4 SW</u>				<i>Work Court 4</i>
9:30am					LI	vs.	CN	SW WN	
11:00am	AD	vs.	CN	SM LI	HV	vs.	WN	SM LI	
12:30pm	LI	vs.	NY	AM AD	AD	vs.	NY	SM AD	
2:00pm	WN	vs.	CN	SW LI	HV	vs.	CN	SW LI	
3:30pm	AD	vs.	NY	SM CN	WN	vs.	LI	SM CN	
5:00pm	LI	vs.	WN	SM NY	CN	vs.	NY	SW AD	
6:30pm					AD	vs.	LI	SW CN	

Saturday, July 28

Note: SM playoff games will be in the Wilcox Gym except for Gold Medal Game

8:00am Match 1 - All Divisions 3 seed vs 6 seed	2:15pm Match 6 - All Divisions Winner of Match 3 vs Winner of Match 4
9:15am Match 2 - All Divisions 4 seed vs 5 seed	3:45pm Bronze Medal Match OSMW Win. of Match 5 vs Loser of Match 6
10:30am Match 3 - All Divisions 2 seed vs Winner of Match 1	5:00pm Gold Medal Match SM, OW
12:00pm Match 4 - All Divisions 1 seed vs Winner of Match 2	7:00pm Gold Medal Match Scholastic Women
1:30pm Match 5 - All Divisions Losers of Semi-Finals will play a match 2 of 3 to 21	8:45pm Gold Medal Match Open Men

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SPORT SCHEDULES

MASTERS VOLLEYBALL

Downstate Athletic Center, Peekskill

Saturday, July 28

Men 45+

<i>Court 3</i>				<i>Court 4</i>		
8:30am	CN 2	vs	AD	HV	vs	NY
9:30am	NY	vs	WN	HV	vs	CN 1
10:30am	WN	vs	AD	CN 2	vs	CN 1
11:15am	HV	vs	AD	NY	vs	CN 2
12:45pm	HV	vs	WN	NY	vs	CN 1
1:30pm	CN 1	vs	AD	CN 2	vs	WN
2:15pm	NY	vs	AD	HV	vs	CN 2
3:00pm				WN	vs	CN 1
4:00pm				1st	vs	4th
4:45pm				2nd	vs	3rd
5:30pm				Gold Medal Game		
6:15pm				Bronze Medal Game		

Women 30+

<i>Court 1</i>				<i>Court 2</i>		
9:00am	WN	vs	HV	CN 1	vs	CN 2
10:00am	AD	vs	HV	WN	vs	CN 1
11:00am	AD	vs	CN 2	CN 1	vs	HV
1:00pm	WN	vs	CN 2	AD	vs	CN 1
2:00pm	CN 2	vs	HV	AD	vs	WN
3:00pm	1st	vs	4th			
4:00pm	2nd	vs	3rd			
5:00pm				Gold Medal Game		
6:00pm				Bronze Medal Game		

Men 35+

<i>Court 2</i>				<i>Court 3</i>		
3:00pm	LI	vs	AD	HV 1	vs	HV 2
4:00pm	HV 2	vs	WN	HV 1	vs	CN
5:00pm	WN	vs	AD	LI	vs	CN
5:45pm	HV 1	vs	AD	HV 2	vs	LI
6:30pm	HV 1	vs	WN	HV 2	vs	CN

Sunday, July 29

Men 35+

<i>Court 3</i>				<i>Court 4</i>		
8:30am	CN	vs	AD	LI	vs	WN
9:30am	HV 2	vs	AD	HV 1	vs	LI
10:30am	WN	vs	CN			
11:30am	1st	vs	4th	2nd	vs	3rd
12:30pm				Bronze Medal Game		
				Gold Medal Game		

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SPORT SCHEDULES

WEIGHTLIFTING

Bryam Hills High School, Armonk

Note: Duration of weightlifting sessions are subject to change based on the amount of lifters in that weight class.

Thursday, July 26

10:00am - 12:00pm	Technical Meeting	
12:00pm - 1:00pm	Session I OM Weigh - in	56kg - 69kg
2:00pm	OM Lift	
3:00pm - 4:00pm	Session II OW Weigh - in	48kg - 53kg
5:00pm	OW Lift	

Friday, July 27

9:00am - 10:00am	Session III OW Weigh - in	58kg
11:00am	OW Lift	
12:00pm - 1:00pm	Session IV OM Weigh - in	77kg
2:00pm	OM Lift	
4:00pm - 5:00pm	Session V OM Weigh - in	85kg
6:00pm	OM Lift	

Saturday, July 28

9:00am - 10:00am	Session VI OW Weigh - in	69kg; 75kg; +75kg
11:00am	OW Lift	
12:00pm - 1:00pm	Session VII OM Weigh - in	94kg
2:00pm	OM Lift	
4:00pm - 5:00pm	Session VIII OM Weigh - in	105kg - +105kg
6:00pm	OM Lift	

WRESTLING

Mount Saint Michael Academy, Bronx

Thursday, July 26

7:00am - 8:00am	Weigh – ins at Fordham University	Greco - Roman O/S
8:00am - 10:00am	Pairing Clinic & Setup	
9:30am - 9:45am	Coaches Meeting	
9:45am - 10:00am	Rules Clinic (Athletes & Coaches)	Greco - Roman O/S
10:00am - 12:30pm	1st Session	Greco - Roman O/S
2:30pm - 6:30pm	2nd Session	Greco - Roman O/S

Friday, July 27

8:30am - 11:30am	Finals & Awards	Greco - Roman O/S
11:30am - 12:30pm	Weigh – ins at Venue	Freestyle O/S
12:30pm - 2:30pm	Pairing Setup	
2:45pm - 3:00pm	Rules Clinic (Athletes & Coaches)	Freestyle O/S
3:00pm - 5:00pm	1st Session	Freestyle O/S
7:00pm - 8:30pm	2nd Session	Freestyle O/S

Saturday, July 28

8:30am - 11:30am	3rd Session	Freestyle O/S
12:30pm - 3:30pm	Finals & Awards	Freestyle O/S

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