

LEADING OFF



Sabres sew up division title

Ryan Miller and Buffalo beat Pittsburgh to clinch the No. 1 conference seeding for the first time in 27 years, 3D

Arnie is back at the Masters

Arnold Palmer will tee it up in the Masters again, but only for one ceremonial swing.

The four-time Masters champion, who played for the 50th and final time three years ago, will hit the opening tee shot Thursday and become the seventh honorary starter in tournament history.

"The time has come," Palmer said Tuesday, wearing his member's green jacket.

So what happens if Palmer rips one down the middle? Would he be tempted to keep going? Palmer grinned.

"I'm not too smart," he said. "But I'm not stupid. I think I'll just let it go, wherever it goes."

Sweet victory

Florida Gov. Charlie Crist gets to collect a second round of chocolate buckeyes from Ohio Gov. Ted Strickland after the Florida Gators beat the Ohio State Buckeyes for the NCAA men's basketball title Monday night. Strickland also had to send Crist a shipment of the peanut-butter filled candy after the Gators beat the Buckeyes for the BCS football title in January.

And I quote

Australian Libby Lenton set a world record in the 100-meter freestyle while swimming the first leg of the mixed relay at the Duel of the Pool meet Tuesday in Sydney. She swam against Michael Phelps. "I was trash talking ... asking what he has got and telling him if he is going to ring it tonight. I think keep down he was really scared of me."

Hot-diggity

2007 ALL-GREATER ROCHESTER WRESTLING TEAM

Masters of the mat

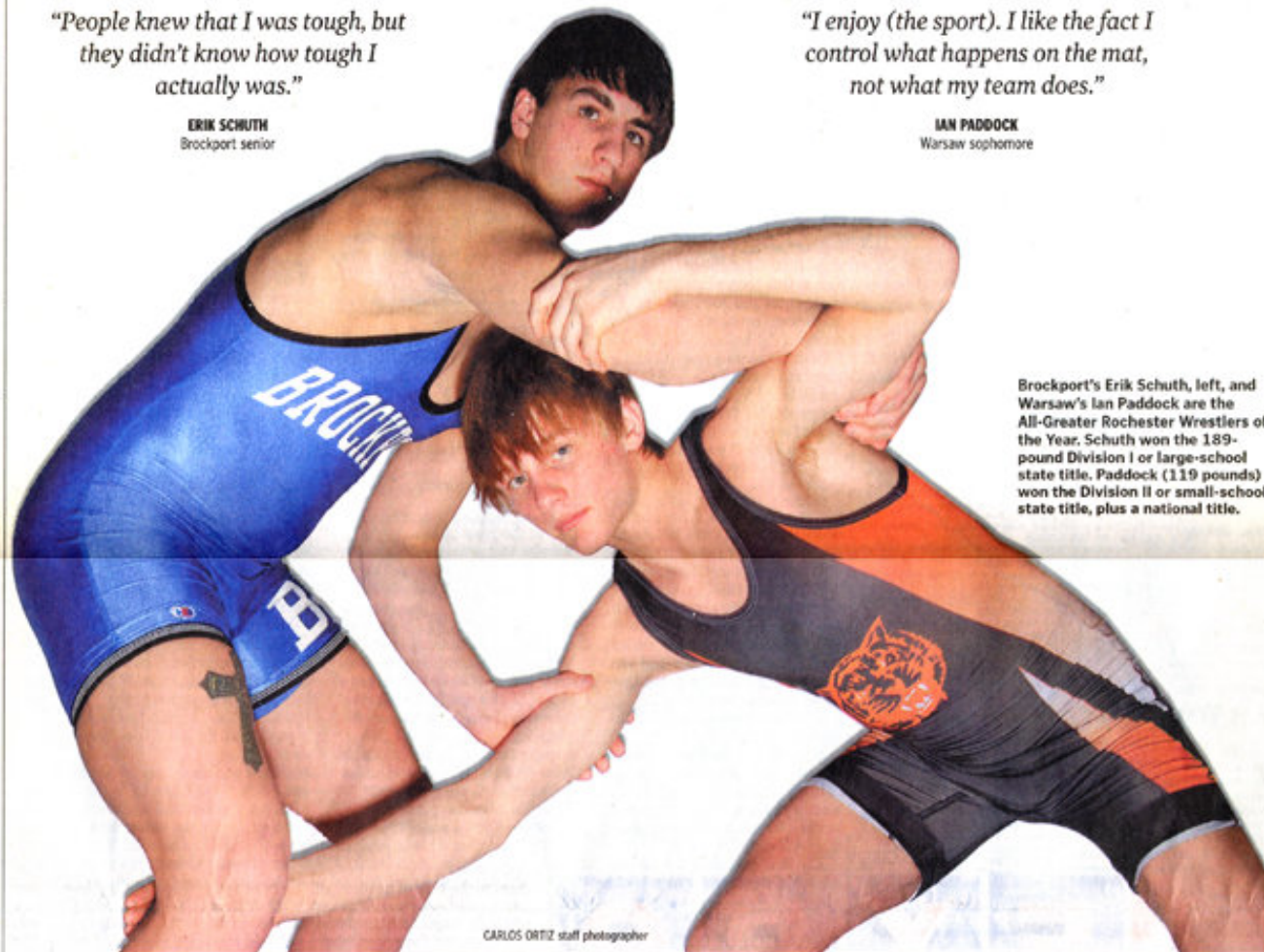
Brockport's Schuth, Warsaw's Paddock are top picks

"People knew that I was tough, but they didn't know how tough I actually was."

ERIK SCHUTH
Brockport senior

"I enjoy (the sport). I like the fact I control what happens on the mat, not what my team does."

IAN PADDOCK
Warsaw sophomore



Brockport's Erik Schuth, left, and Warsaw's Ian Paddock are the All-Greater Rochester Wrestlers of the Year. Schuth won the 189-pound Division I or large-school state title. Paddock (119 pounds) won the Division II or small-school state title, plus a national title.

CARLOS ORTIZ staff photographer

JAMES JOHNSON
STAFF WRITER

One of the most difficult aspects of wrestling is actually what gives it appeal to Brockport's Erik Schuth and Warsaw's Ian Paddock.

"You're doing all the work, everything for yourself," Schuth said. "When you win a big match, you know the hard work that you put in paid off. When you lose, that makes you want to work even harder so you don't lose again."

While Paddock and Schuth can make opponents seem silly and their matches look easy, very few can coast to success in this sport.

The Democrat and Chronicle's

Large schools Elite 16

Name	School	Wt.	Class	Ht.	Yr.
Bobby Dierna	Wayne	96	5-0	8th	
Alex Marianetti	Greece Athena	103	5-5	Jr.	
Zack Ellis	Brighton	112	5-3	Jr.	
Corey Borshoff	Pittsford	119	5-8	Jr.	
Dan Mandara	Canandaigua	125	5-4	Sr.	
Mark Ranzembach	Hilton	130	5-7	Sr.	
Torsten Gillespie	Webster Schroeder	135	5-10	Sr.	
Desi Green	Rush-Henrietta	140	5-9	Sr.	
John-Martin Cannon	Brockport	145	5-6	Jr.	
Nick Fratto	Geneva	152	5-9	Sr.	
Bryan Bourne	Spencerport	160	5-9	Jr.	
Alex Litto	Webster Thomas	171	6-1	Sr.	
Erik Schuth	Brockport	189	6-1	Sr.	
Ryan Lamagra	Webster Thomas	Wild Card	5-8	Sr.	
Robert Eskander	Webster Thomas	215	5-11	Jr.	
Matt Hodge	Webster Thomas	275	6-2	Sr.	

Wrestlers of the Year: Erik Schuth (Brockport), Ian Paddock (Warsaw). **Coach of the Year:** Bill Jacoutot (Spencerport).

Inside Biographical capsules of the 32 selections, 4D
Honorable mentions, 5D

All-Greater Rochester Wrestlers of the Year figured that out seasons ago. After Paddock, the

small-school choice, and Schuth, the large-school pick, established they were Section V's best, both wrestlers proved that was also true on the state, and in the 119-pound Paddock's case, national level.

Small schools Elite 16

Name	School	Wt.	Class	Ht.	Yr.
Dakota Stackhouse	Warsaw	96	5-3	8th	
Tyler Marlow	Palmyra-Macedon	103	5-4	So.	
Sean Walton	Palmyra-Macedon	112	5-7	So.	
Ian Paddock	Warsaw	119	5-6	So.	
Alex Ekstrom	Palmyra-Macedon	125	5-5	So.	
Chad Condidorio	Le Roy	Wild Card	5-4	Sr.	
Mike Nevinger	Letchworth	130	5-5	So.	
Mike Tellier	North Rose-Walcott	135	5-10	Sr.	
Josh Mayville	Marion	140	5-6	Jr.	
Eric Ekstrom	Palmyra-Macedon	145	5-9	Sr.	
Cody Hutcheson	Bath	152	5-9	So.	
Paul Paddock	Warsaw	160	5-7	Sr.	
Nate Schiedel	Caledonia-Mumford	171	6-1	Jr.	
Key McPherson	Holley	189	5-10 1/2	Sr.	
Billy Romasser	Warsaw	215	6-1	Sr.	
Demetrius Mendes	Holley	275	5-9	Sr.	

"I had high goals because I've been wrestling since I was five," Paddock said. "I wasn't sure that I would do stuff like that, but it feels good to know that you're being recognized for your accomplishments."

"I enjoy (the sport). I like the fact I control what happens on the mat, not what my team does."

Paddock, a sophomore, easily

AGR

FROM PAGE 1D

earned his second Division II (small-school) state title in early March. He then won the National High School Coaches Association Sophomore National Championship last weekend in Virginia Beach, Va., despite pulled cartilage in his left knee.

Schuth lost just one match out of 41 this season on his way to the 189-pound Division I (large-school) state title. The Brockport heavyweight answered every challenge he faced, including three tournament meetings with 200-match winner, Ryan Lamagra, his friend at Webster Thomas.

"Getting wrestler of the year is kind of a big deal," Schuth

said. "There were three other state champions (from large schools, 10 overall) and I got it over them."

"I just stay focused on what I had to do to win, regardless of who I had to wrestle."

There are 32 wrestlers on the AGR team, 16 from large schools and 16 from small schools, and the AGR Coach of the Year is Spencerport's Bill Jacoutot.

The group includes Bryan Bourne, a Spencerport junior who won the 160-pound NHSCA's national junior championship last weekend in Virginia. It's his second national title in less than a year. Bourne won a national cadet-level free-style championship in July.

Paul Paddock, Ian's older brother and one of Warsaw's middleweights, was a runner-up in the NHSCA's senior-level



Bill Jacoutot

Spencerport — Coach of the Year

■ **Leader:** His program is standard of excellence for most Section V teams in and around Monroe County.

■ **Another one:** Rangers claimed their fifth team state title under Jacoutot, whose career record is 317-28-1. 14-time Section V Coach of the Year.

tournament.

Webster Thomas' Robert Eskander (second), Palmyra-Macedon's Alex Ekstrom (third) and Tyler Marlow (fifth), Brockport's Christian Boley (fifth) and Webster Schroeder's Torsten Gillespie (seventh) were among the other AGR team members who had top-eight finishes last weekend.

Ian Paddock injured his knee during a workout before the national tournament.

"I went and got a big brace," Paddock said. "It hurt, but I could wrestle with it."

"There's a difference between pain and injury. When it hurt too much, I'd take injury time during the match and walk it out."

Paddock wrestled two matches during each of the first two days of the tournament. He won the national championship and completed a dominant run with an 8-2 victory over Vir-

ginia's Mike Garofalo.

"This is probably the biggest accomplishment for me," Paddock said. "I don't show much emotion after I win."

"It would've been really nice if Paul would've been able to win, too. Still, it was a great accomplishment. It's weird to think about (being a national champion)."

Schuth knocked off an opponent that was ranked second nationally on his way to the senior-level quarterfinals, where he lost. He fell one win short of a top-eight finish and All-American status.

"I totally blew my match in the All-American round," Schuth said. "I had multiple opportunities to score, and didn't."

It was another reminder that there is always room to improve.

"There's one level where people out there know your name," Schuth said. "It's, 'Yeah, he's good.'"

"Then there's the level where people say, 'He's really good, one of the top kids in the state.' I was always underrated. People knew that I was tough, but they didn't know how tough I actually was."

Ohio University coaches decided that Schuth would be a good fit into the Bobcats' lineup. Schuth has committed to Ohio, where he plans to wrestle at 184 pounds. Binghamton also recruited Schuth.

"I think I have a real good chance of starting next year," Schuth said.

"My coach (Joel Greenlee) told me he wants me to work really hard and have the confidence that I can start."

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LARGE SCHOOLS

Erik Schuth

Brockport (189) Wrestler of the Year



- **Good mix:** Speed and strength led to a state title after third-place finish in 2006.
- **Kudos:** Cadet Freestyle All-American, three-time Monroe County and two-time Section V class champion.
- **Committed:** Will wrestle at Division I Ohio University.

Bobby Dierna

Wayne (96) — "Future champ"



- **Rolling:** Eighth-grader jumped into 10-0 Wayne's lineup. Finished fifth at states.
- **Ringer:** Four national titles and three top-three finishes at Ohio Tournament of Champions on resume.
- **Downtime:** Enjoys football and wake boarding.

Torsten Gillespie

Webster Schroeder (135) — "Go, Go"



- **Props:** Two-time league all-star finished third at states. Record was 43-3 with 25 pins.
- **Warrior:** Career record of 124-18 in four years with coach Dean Salvaggio.
- **Idol:** Older brother Gregor, a 2007 Division I national champion, is one of his heroes.

Alex Litto

Webster Thomas (171) — "Plugger"



- **Stepped up:** Monroe County All-Star earned sixth-place finish at states.
- **Memorable:** One of team's impressive heavyweights.
- **College plans:** Considering pursuing degree in the field of engineering, possibly at University of Rochester.

Corey Borshoff

Pittsford (119) — Top Cat



- **His path:** Monroe County champ earned his first state tournament berth and 100th win with the Panthers.
- **Blood:** Youngest of three brothers has 112-36 record.
- **Styles:** Placed sixth and fourth at the state freestyle and Greco-Roman tournaments.

Zack Ellis

Brighton (112) — "Attack"



- **Knack:** Comes up big in most big matches.
- **History:** Two-time league all-star finished second and sixth at states in '06-07.
- **Ambition:** Plans to major in biomedical engineering at Ithaca, Drexel, Penn State or an Ivy League school.

Desi Green

Rush-Henrietta (140) — "Quick strike"



- **Cashed in:** Won a title in his first and final state tournament appearance. Finished 40-2.
- **Banner year:** Four-time league all-star set season team record for takedowns.
- **Shopping:** Considering attending Edinboro, Clarion, Binghamton or Buffalo.

Dan Mandara

Canandaigua (125) — "The Man"



- **Small group:** Three-time place winner at states, few in Section V match his stats. Overall record is 150-22.
- **Homestretch:** Four-time Finger Lakes All-Star became a state champ and finished 38-4.
- **Ohio bound:** Committed to Ashland University.

Bryan Bourne

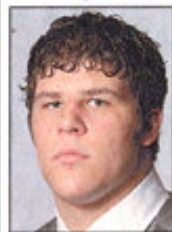
Spencerport (160) — "Big time"



- **Step up:** One of the country's best with two national titles inside a calendar year.
- **Close:** Runner-up finish was his third top-six at states.
- **Athletic:** Monroe County All-Star stopper in soccer.
- **Team:** Rangers are Division I state team champions.

Robert Eskander

Webster Thomas (215) — "No Escape"



- **Top heavy:** One of standout heavyweights for Thomas.
- **Cleaned up:** State runner-up after first-place finishes at sectionals and SuperSectionals.
- **Edge:** Junior is three wins short of joining Century Club.
- **Career option:** Plans to become a physical therapist.

Matt Hodge

Webster Thomas (275) — "Hit man"



- **Breakthrough:** Won a state title after two previous runner-up finishes in SuperSectionals left him home.
- **Honors:** Four-time Monroe County All-Star was 34-2 this season, 114-30 overall.
- **Physical:** Key player on strong Thomas football teams.

Alex Marianetti

Greece Athena (103) — "Boomerang"



- **Rebound:** Junior finished fifth at states after heartbreaking end to sophomore season.
- **Bout sheet:** Two-time Monroe County champion was 38-3. Five from joining 100-wins club.
- **His choice:** Favorite athlete is wrestler Cael Sanderson.

John-Martin Cannon

Brockport (145) — "Young vet"



- **Team fixture:** Fifth-year Blue Devil, a junior, finished third in his second state tournament appearance.
- **Shoots:** Two-time league champ had 194 takedowns. Led Blue Devils in wins and pins.
- **Future:** Considering becoming a college professor.

Nick Fratto

Geneva (152) — "Lead foot"



- **Over:** Capped six varsity seasons with sixth-place finish at state tournament in Albany.
- **Legacy:** Two-time sectional class champ set school record for pins in season and career.
- **Green flag:** Plans to be a pro race car driver and someday help aspiring wrestlers.

Ryan Lamagra

Webster Thomas (189) — "All-Star"



- **Standout:** One of area's elite. Three top-three finishes at states, including a first in 2006, and 221-29 career record.
- **Season:** Monroe County All-Star was 40-3 and won his third Section V class title.
- **College:** Committed to Bloomsburg University.

Mark Ranzenbach

Hilton (130) — "Top cadet in charge"



- **Tie up:** Two-time state tournament qualifier closed with 155-22 record in five seasons.
- **First:** Won three sectional and two Monroe County titles.
- **Model:** Three-time league all-star's favorite athlete is 2007 NCAA Division I wrestling champion Gregor Gillespie.

Ian Paddock

Warsaw (119) Wrestler of the Year



- **Title touch:** Section V's most dominant lightweight.
- **Matt moves:** Finished 43-0 with his second state title, then became a national champion last week.
- **Partial résumé:** A three-time state tournament qualifier, his varsity record is 160-5.

Cody Hutcheson

Bath (152) — "Another trophy"



- **Adding:** Sophomore earned his first trip to states and fourth Livingston County title.
- **Collection:** Two-time winner of Section V sportsmanship and league's most outstanding wrestler awards.
- **Outside:** Also plays football. Favorite athlete is Tiki Barber.

Demetrius Mendes

Holley (275) — "Manpower"



- **His chance:** Cracked Holley's lineup in his second season and was a state runner-up.
- **Shining moments:** Genesee Region All-Star won Genesee Valley and Clayton Barnard Tournaments.
- **Guidance:** Coach John Grillo is a big influence in his life.

Nate Schiedel

Cal-Mum (171) — "On the rise"



- **Lead pack:** His 155-19 record includes two third-place finishes at states.
- **Take bow:** Cal-Mum's all-time wins leader finished fourth at sophomore nationals.
- **Bright future:** Two-time Livingston champion is on the radar of Division I colleges.

Chad Condidorio

Le Roy (125) — "Contender"



- **On top:** Lightweight won a Section V Class BBB and Livingston County league title. Also advanced to state tournament.
- **Good sport:** Also on Le Roy football and tennis teams.
- **College life:** Probable biology major is considering attending Buffalo or Ithaca.

Tyler Marlow

Palmyra-Macedon (103) — "Champ"



- **That's one:** Sophomore realized dream of wrestlers by winning a state title.
- **High energy:** Led team with its share of all-stars in pins, takedowns and points.
- **Goal:** An 89-average student, he hopes to wrestle for an NCAA Division I college.

Mike Nevinger

Letchworth (130) — "No. 1"



- **Top ranked:** Sophomore snatched a state championship and helped Letchworth win Section V "BB" team title.
- **Mantle material:** Two-time winner of state tournament qualifier and three-time sectional class champion.
- **Overall:** 155-16 record.

Dakota Stackhouse

Warsaw (96) — "Bright future"



- **Launch:** Second-year lightweight placed third in the state and earned his second Section V class title.
- **Foundation:** Helped Warsaw (9-1) finish first in team scoring during sectionals.
- **Letterman:** A 92 average student, he also plays baseball.

Alex Ekstrom

Palmyra-Macedon (125) — "Winner"



- **Fast start:** Fourth-year varsity member is a sophomore but owner of two state titles.
- **Title push:** Finished 48-1, including 9-2 win in Division II state final. Record is 127-15.
- **Extras:** An 89-average student, he also plays soccer and is interested in aeronautics.

Josh Mayville

Marion (140) — "Motor"



- **Edge:** One win short of a state title, but should be contender to qualify for 2008 meet hosted by Rochester.
- **Records:** Set season school marks for wins (50) and pins (39). Marion's all-time wins leader (159).
- **Other:** Plays soccer.

Paul Paddock

Warsaw (160) — "Punisher"



- **Warsaw's finest:** Two-time state champion built 235-19 record in six varsity seasons.
- **Etcetera:** List of accomplishments include five Section V class and Livingston County league titles.
- **Next stop:** Committed to wrestle at Edinboro University.

Mike Tellier

North Rose-Wolcott (135) — "Bulldog"



- **High up:** Closed varsity career strong with runner-up finish at states.
- **Impact:** Set school record for wins in career (149) and five-time Finger Lakes All-Star.
- **In season:** Also played soccer and baseball at North Rose-Wolcott.

Eric Ekstrom

Palmyra-Macedon (145) — "Excellent"



- **Finishing kick:** Ended fifth varsity season with third-place finish at states. Given Division II sportsmanship award.
- **2006-07:** Finger Lakes all-star was 42-10 this season, 102-35 overall.
- **Next:** May attend SUNY Brockport or Cortland.

Key McPherson

Holley (189) — "Lockdown"



- **That close:** Three-time Section V Class BBB champion came in second at states in his fifth and final season.
- **Diligence:** Twice was a runner-up at state tournament qualifier. Five-time Genesee Region all-star had 152-30 overall record.

Billy Romasser

Warsaw (215) — "Out on top"



- **Finish:** Earned his first state title and closed five varsity seasons with 125-40 record.
- **Key cog:** Heavy-hitter in a lineup that outscored other small-schools at states and won league division title.
- **Destination:** Plans to attend SUNY Brockport.

Sean Walton

Pal-Mac (112) — "High standards"



- **Going places:** Sophomore came in third at states, reached 100 wins and became school's all-time wins leader (131).
- **Checklist:** Finger Lakes All-Star hopes to win a state title and win 200 matches.
- **Hobby:** Favorite athlete: motocross' Ricky Carmichael.